

SOCIETY ACTIVITY REPORT 2018-19

ENABLING UNIT

- Life Coaching Workshop 'Be the Best You': Supported by **Offbeat Carnival** was held on **31st August 2018, 3 PM** at **Seminar Room** with **Dr. Shruti Jain**.



**NAAC
Assessment
and
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**St. Stephen's College
University of Delhi
Delhi 110007**
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ST.STEPHEN'S ENABLING UNIT PRESENTS

LIFE COACHING SESSION

With Dr. Shruti Jain

BE THE BEST YOU

Believe you can and you're halfway there

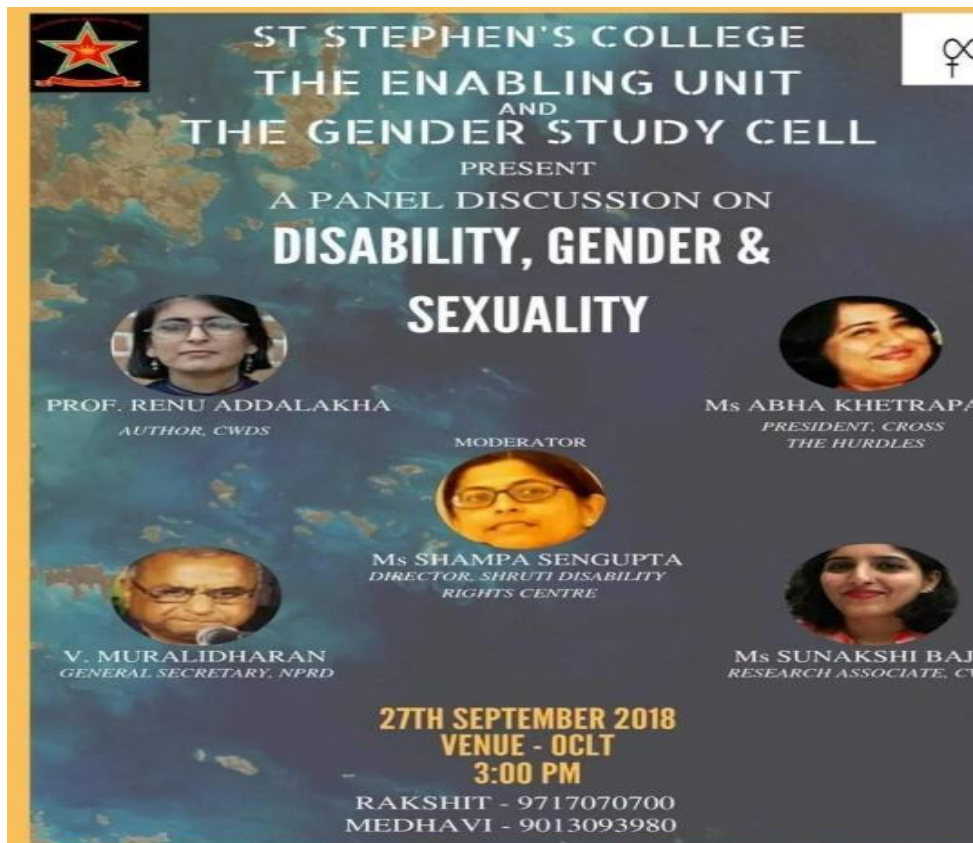
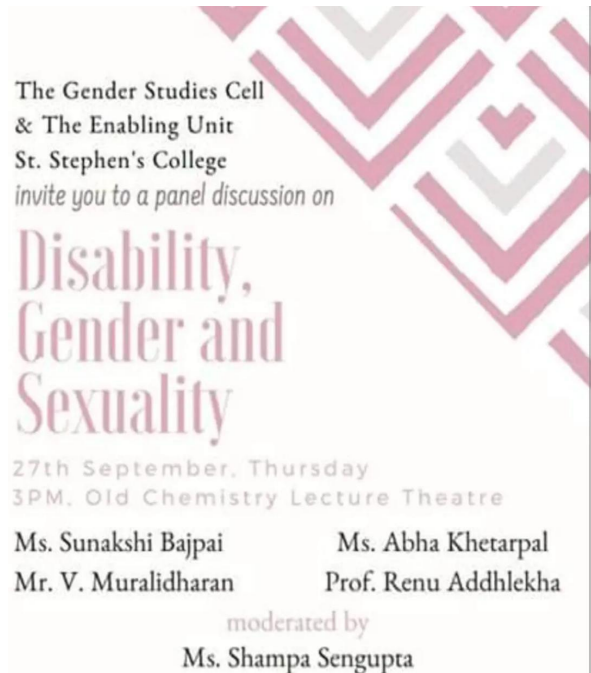
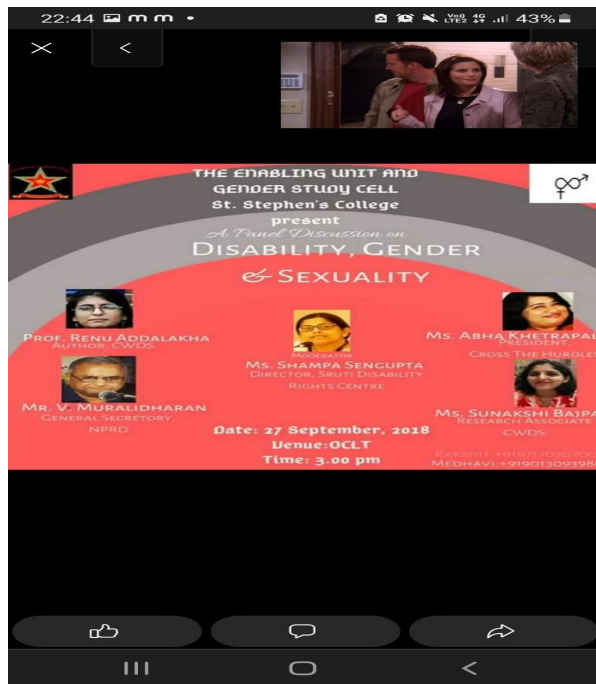
Not being able to see the stars does not mean you can't reach for them.

**31st August
St. Stephen's college
Seminar Room
3 PM**

**Supported By
OffBeat Carnival**

**Contact:
Rakshit Malik
91 97170 70700
Srishti Singh
+91 70811 59206**

- Panel Discussion on 'Disability, Gender and Sexuality': In collaboration with **Gender Studies Cell** was conducted on **27th September 2018, 3 PM** at **OCLT** moderated by **Ms. Shampa Sengupta**.





- KAFAN: In collaboration with **SABHA** presents an adaptation of **Munshi Premchand's 'Kafan'** was held on **8th October 2018, 2 PM** at **College Hall**.



- Breast Cancer Awareness Workshop: In collaboration with **National Association for Blind** was conducted on **12th October 2018, 2:30 PM** at **college hall** through a Sensitisation Programme including training to diagnose breast cancer and radiation free treatment at a minimal cost.

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The National Association for
Blind &
The Enabling Unit
St. Stephen's College
present
AWARENESS FOR
BREAST CANCER
through a
**SENSITISATION
PROGRAMME**
including

- Training to diagnose breast cancer
- Radiation free treatment at a minimal cost.
(for willing participants)

Date: 12th October
Venue: College Hall
Time: 2.30pm

Register yourself for free
latest by Oct 3 till 12pm

Garima: +91821868395
Sandra: +91965468020

- Sound Healing Therapy Session: Facilitated by **Aman Deepti** certified trainers by **IASH** and supported by **Offbeat Carnival organisation** was held on **29th October 2018, 3-4 PM** at JCR.

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ENABLING UNIT
St. Stephen's College
presents
**SOUND HEALING
THERAPY SESSION**

Benefits:

It is used to treat mental and physical conditions such as Stress, High Blood pressure, Sleep Disorder, Depression, Pain etc.

- Facilitated by Aman Deepti certified trainers by IASH.
- Supported by OffBeat Carnival Organisation.

Pempr: +91-8327261276
Binsy: +91-9845520465

Date: October 29, 2018
Venue: JCR, St. Stephen's College
Time: 3.00-4.00pm

- A Talk by Miss Ira Singhal: It was held on **8th January 2019, 4 PM** at **Seminar Room** by first physically challenged general category individual to top the prestigious IAS entrance examination 'Miss Ira Singhal'.



The poster has a colorful background with geometric shapes in teal, yellow, and orange. It features illustrations of a pencil and paper clips. The text is centered and reads: 'ENABLING UNIT St. Stephen's College presents A Talk by Miss Ira Singhal ASSISTANT COLLECTOR, GOVERNMENT OF DELHI FIRST PHYSICALLY CHALLENGED GENERAL CATEGORY INDIVIDUAL TO TOP THE PRESTIGIOUS IAS ENTRANCE EXAMINATION. 8 January Seminar Room 4pm For queries contact: Pempa 8327261276'. On the right side of the poster is a photograph of Miss Ira Singhal, a woman with long dark hair, smiling.

- Sensitisation Drive Drishtikon: In collaboration with **Social Service League** was held on **4th February 2019, 4:30 PM** at **Seminar room**.





Enabling Unit and
Social Service League
present

DRISHTIKON
Sensitisation
Drive

Date: February 4, 2019
Venue: Seminar Room
Time: 4:30 pm

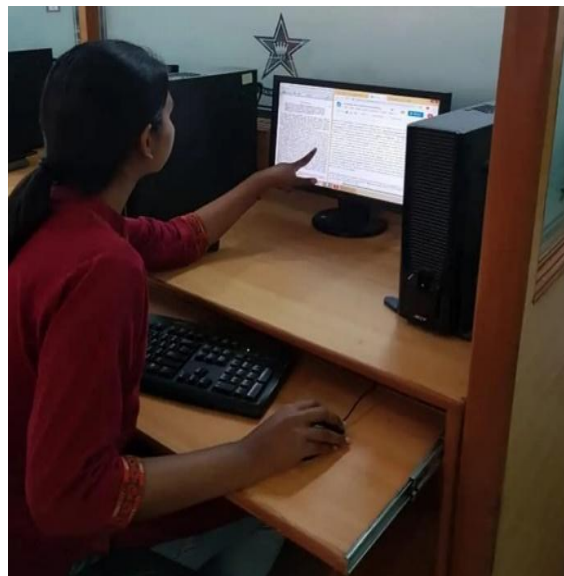
Contact:
Sandra Liz: 9654680200

- Accessible Text Creation Workshop: In collaboration with 'Saksham' (an NGO working for the empowerment of people with blindness) organised a 2-day initiative aimed at ensuring academic accessibility for visually challenged on **22nd March 2019, 10 AM- 2 PM** and on **27th March 2019, 2-6 PM** at IRC, St. Stephen's College.

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The Enabling Unit of St. Stephen's College
in association with
SAKSHAM, an NGO working for the empowerment of
people with blindness
presents

Accessible Text Creation Workshop

A two-day initiative aimed at ensuring academic
accessibility for the visually challenged

CERTIFICATES FOR ALL VOLUNTEERS!
Open to students of all colleges

22nd March 10am - 2pm
27th March 2pm onwards

Pempa 8327261276

Garima 8218683956



- Walkathon: In association with **Offbeat Support Foundation** was held on **4th April 2019, 2 PM.**

WALKATHON
A Blindfolded Trust Walk
AN INITIATIVE BY
OFFBEAT SUPPORT FOUNDATION
&
ENABLING UNIT OF
ST. STEPHEN'S COLLEGE, DELHI

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OFFBEAT
WHERE ABILITY BEATS DISABILITY

